



ADIRA TIMES

LEAD FOR GOOD



About Adira Times!!!

We are excited to present our very first newspaper. This newspaper is made by the Adira Academy Newspaper Team, where students come together to share ideas, stories, creativity, and the latest happenings at our academy.

Our goal is to give every student a voice and to celebrate the learning, talent, and teamwork that make Adira special. Inside, you will find fun articles, inspiring stories, interviews, poems, puzzles, artwork, and updates from different events and sessions.

We hope this newspaper brings you joy, knowledge, and a feeling of connection.

Happy reading — and welcome to the world of Adira News!

- The Adira Newspaper Team



ADIRA TIMES

THE SPACE WHERE WE CAN TRULY BE OURSELVES: INSIDE ADIRA'S ADVISORY SESSIONS

DON'T BE AFRAID TO ASK FOR HELP



Everyone truly enjoys the advisory sessions because the advisors feel more like friends than teachers. Every week, we set personal goals and share them with our advisors, which helps us grow and stay motivated. We also have engaging discussions on deep and creative topics that inspire us to think differently. The best part is ending the session with fun online games that bring everyone together!

What everyone loves most about Adira is this advisory space—it's a new experience for everybody, but it feels amazing to express oneself freely without any hesitation because there are no limits or judgments. All the advisors are incredibly supportive and often share their own experiences, which makes the environment even more comfortable and inspiring. Advisory time is truly the highlight of the week!

For most of us, this is the only place where we can truly express our feelings, knowing that whatever is shared will stay within the group. Throughout the week, everyone has regular sessions, but advisory time is when they really connect—making jokes, learning from one another, playing games, and sharing personal experiences. Honestly, everyone really loves this whole advisory concept—it's something special.

STUDENT REFLECTIONS

LEARN. LEAD. TRANSFORM.



I learned real learning from Adira. Learning is about curiosity, deep thinking, and asking good questions. I feel that learning is not limited to classrooms or books —you can learn from anything around you.



Adira helped me grow by creating a space where I could think, learn, and stay curious. Being part of the Adira family has allowed me to explore new ideas, work together with others, ask for support when needed, and contribute positively to society.



Adira has made me think more about my career and also shown me that learning is easier and more effective with simple explanations and real-life experiment.



Adira has helped me look at things in new ways and question what I used to believe without thinking. It has pushed me to think more clearly, stay curious, and learn with an open mind.



THE POC VOICE

“VOICES THAT LEAD THE WAY.”



Partnering with Adira over the past year has been a profoundly enriching experience. The programme has played a significant role in empowering young girls from underserved communities and shaping them into confident, independent, and enthusiastic individuals. I truly see it as a remarkable step forward in ‘women empowerment’ through education.

The Adira team’s constant support, encouragement, and personalised guidance deserve special appreciation. Their careful assessment of each child’s strengths and areas of improvement enables meaningful transformation and visible growth.

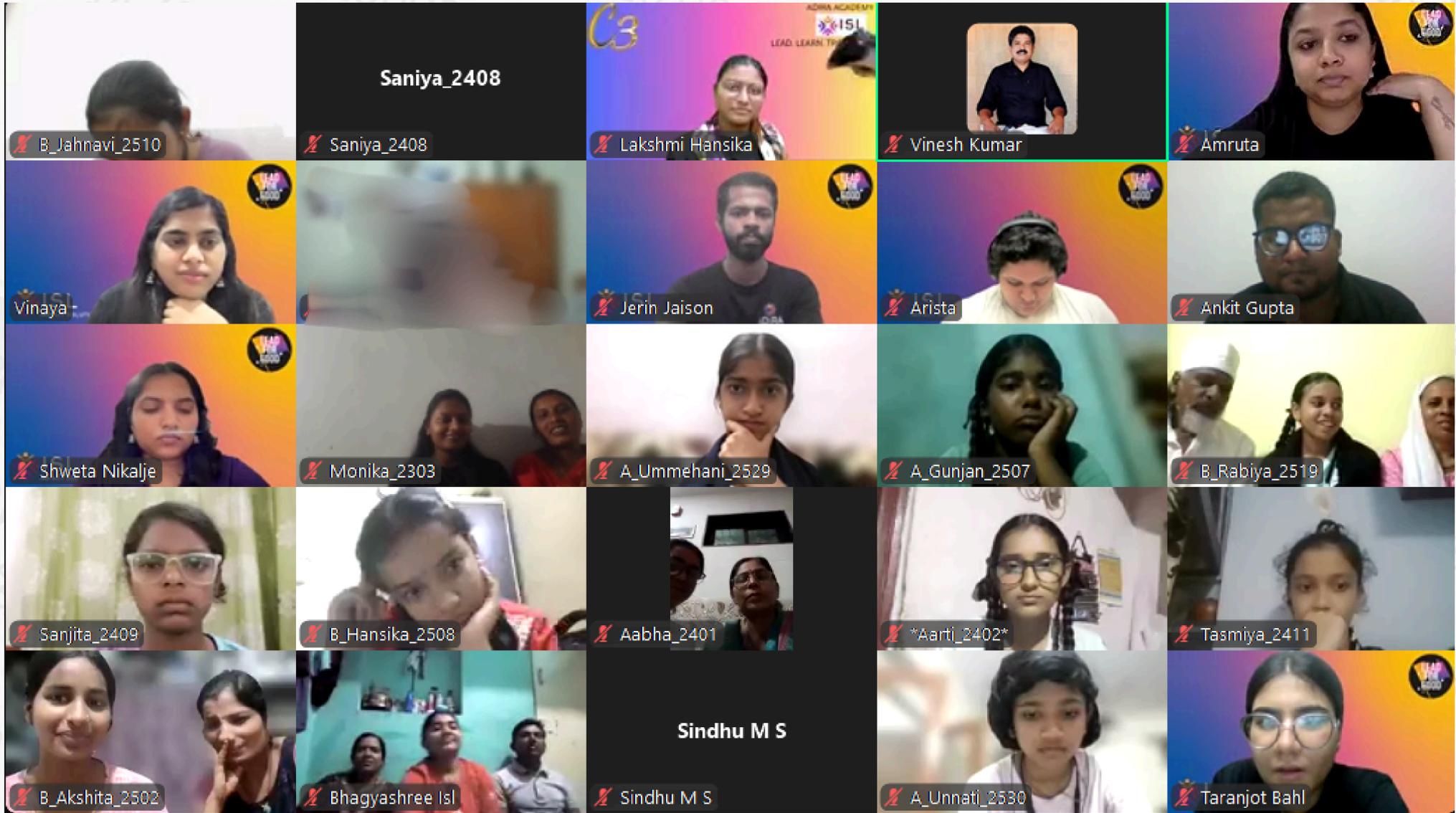
This is an outstanding initiative by ISL. As a teacher, I remain committed to supporting the Adira team in every possible way within my capacity.

– – *Siddharaju.B.S*

“Siddharaju B.S, PoC of Sindhu M.S, continues to set a strong example of leadership and clarity. His voice reflects responsibility, confidence, and commitment to representing his group with honesty and purpose.”



A GLIMPSE INTO ADIRA LIFE: UNCOVERING THE MOMENTS THAT SHAPE OUR ASSEMBLIES



Adira Assemblies feel like big online family reunions! They aren't just about teachers talking—they're about us, the students, and our families. The main goal is to celebrate our experiences and show our parents what life at Adira is really like. For instance, during the assembly after the residency, we shared videos of our parents watching the trip vlogs, and seeing their proud reactions was truly heartwarming.



TEAMWORK MAKES THE DREAM WORK

Assemblies also celebrate the inspiring achievements of our peers. For instance, students who are at UWC schools in China and the UK, and those who participated in the YES program in the US, shared their stories. Hearing such journeys makes our dreams of studying abroad feel real and possible. These assemblies connect everyone—students, parents, and teachers—and remind us that Adira is about more than grades. It's about friendship, community, and believing in our dreams.

RHYTHM & RHYME

Wonder of Food..

Do you know what is food?
It is everything for my tongue.
Just few panipuri, burger and pizza,
The taste I get is an international visa.
A few drink of cold,
Fulfills my mouth with gold
The fulfil of my dreams,
A cold need of ice creams
A cook of Chinese Manchurian,
It is heart of every food lover Indian.
A sip of Jamun shot,
I love my food a lot.

-by Jahanvi



Myself

Sindhu – the river name
Strong, aesthetic and never tame
I walk with my dream feet..
A rhythm I can only beat!!
When I laugh it sounds like temple bells
My silence – very deep wells
I doesn't shout to make my mark,
My silence speaks, my eyes will spark.
A thinker, dreamer and gentle soul,
With quiet wildness that makes me whole.
I'm not a storm, I'm soft rain..
I'll heal my own pain!!
For those who doubt, I'm the proof –
That kindness stands, that truth is truth.
An inspiration, pure and true,
A light the world is lucky to view.

-by Sindhu

My Oldself

I was a person
Who was very energetic,
I was very confident
I was very active.
I believed in myself
I didn't care about anyone
It was a time period
When I don't have to know everything.
I enjoyed doing everything
I never said 'no' to anything
I participated in everything
Even though I didn't win any prizes.
Covid was an unexpected cyclone
Which whirled out everything
I lost myself
I lost the best part of myself.
I wasn't exposed to people
I was in my house
Just like a bird in a cage
It literally changed me.
I became very shy
I lost my self-confidence
I lost the best me
And, I miss the old me.

- by Bhoomika pg.no.6

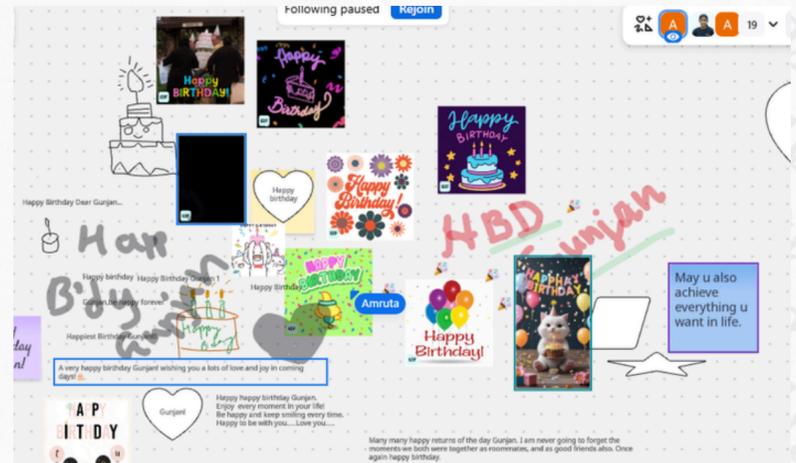
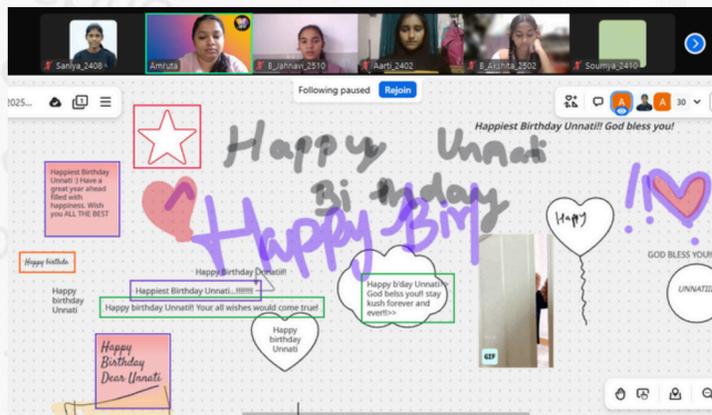


Farming



At Adira, farming is not just an activity – it’s an adventure! We plant seeds, water them, watch them grow, and learn how nature works. Farming teaches us patience, teamwork, and the joy of seeing something grow with our own hands. These are some images we bring here to tell the stories and moments from our farming time.

BIRTHDAY CELEBRATIONS



Every birthday at Adira is a joyful celebration filled with warm wishes and love. All of us come together to share heartfelt messages, blessings, and cheerful greetings, making the day extra special.

Adira Quest Takes Learning Beyond the Classroom



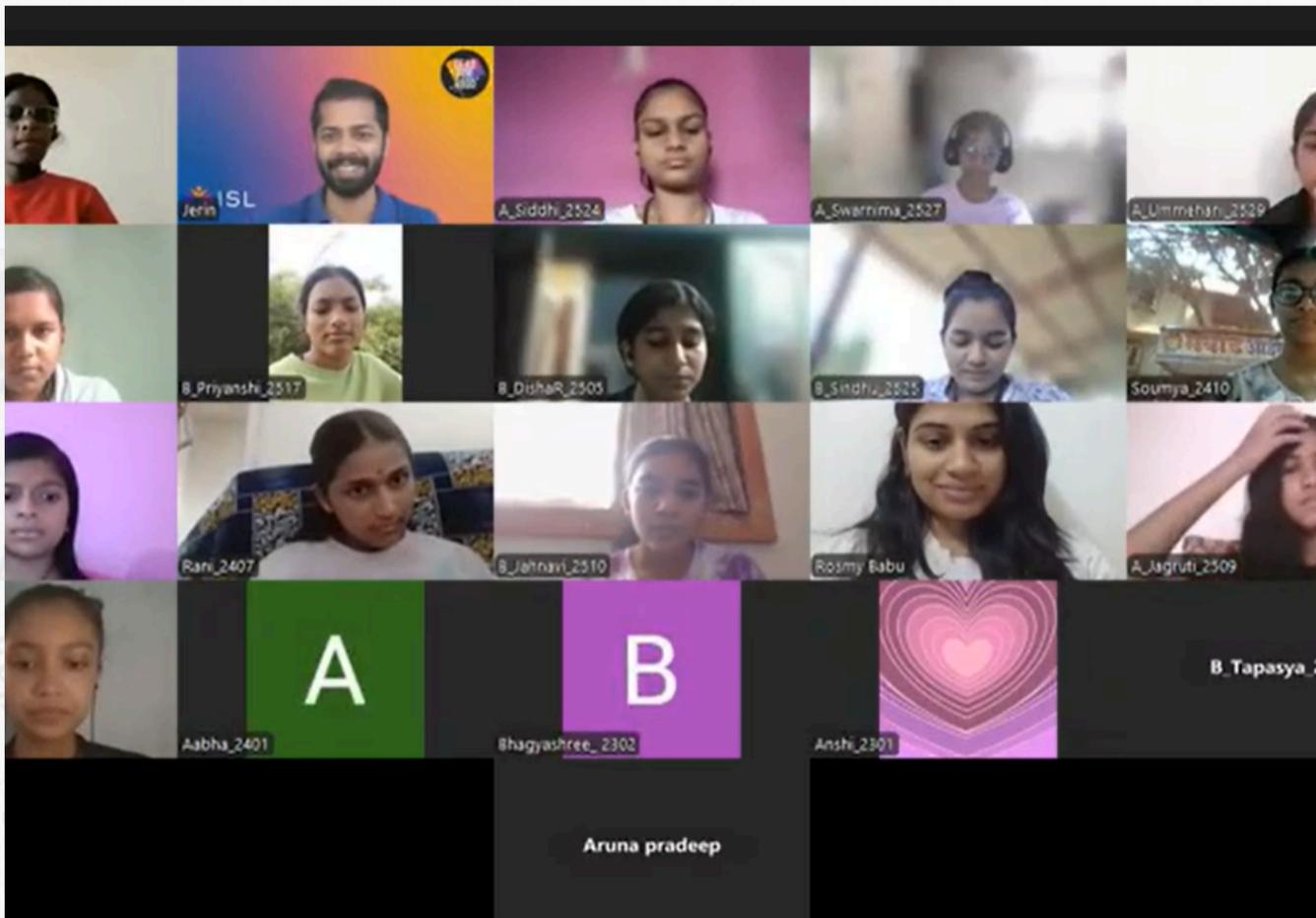
Adira Quest is a special learning journey at Adira Academy. It helps us explore new places, learn through real-life experiences, and discover things beyond the classroom. Through Adira Quest, we visit important cultural, historical, and creative locations. These visits help us understand the world better, build confidence, and learn in a fun and meaningful way.



“We went to the Sangeet Natak Academy in Lucknow as part of our Adira Quest. I chose this place because I had performed there twice during my school days, and it always made me feel proud. This visit gave me a chance to experience the culture of Lucknow again, enjoy the atmosphere, and watch a live band show called Rang-e-Awargi, performed by artists from Gorakhpur. This helped me connect my past memories with new learning at Adira Quest.”

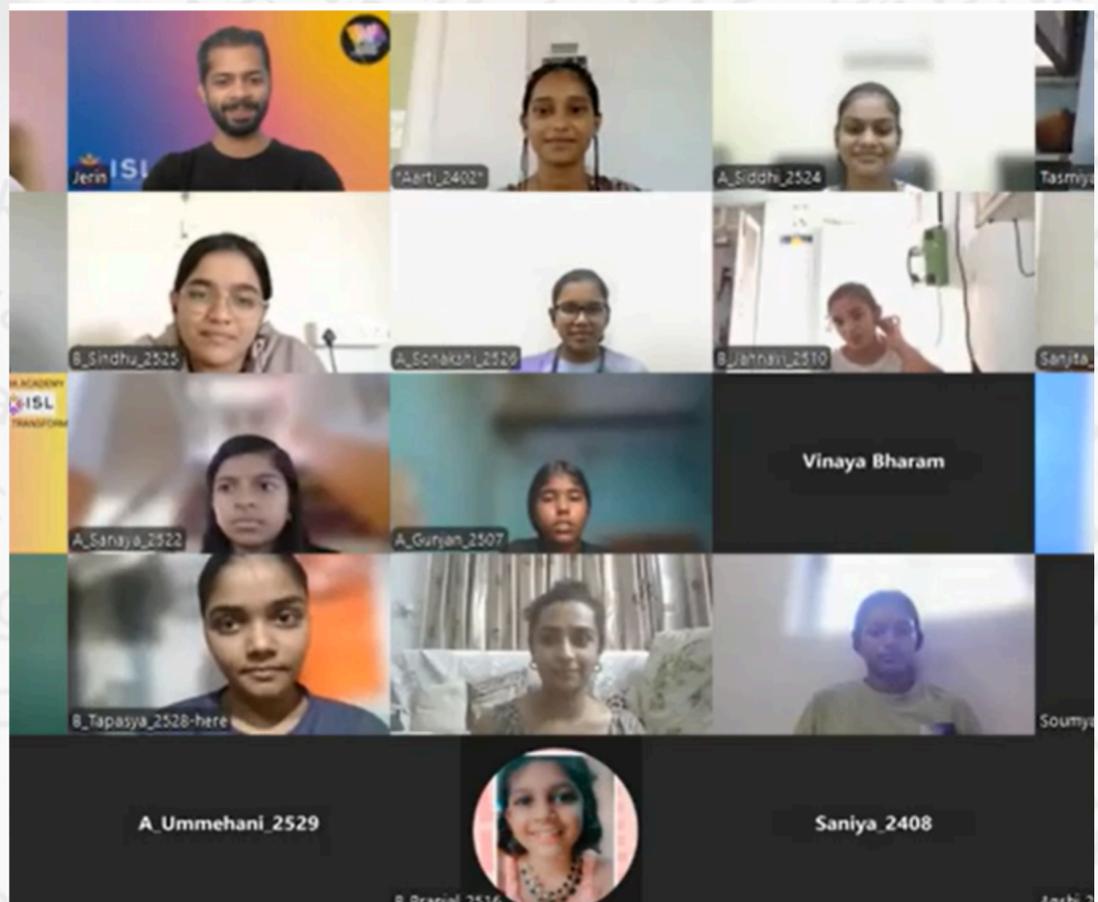
Saniya and Anshi

FROM LABS TO THE CARBON MARKET: EXPLORING NEW-AGE CAREERS



On 19th October, 2025 was a career exposure session with Rosmy Babu, a Research scientist. Rosmy shared her work experience from the field and encouraged everyone to research more about Biotechnology. The session was so engaging. Everyone asked thoughtful questions and had great responses from Rosmy for it. Everyone enjoyed the session and had something to takeaway from it.

On 21st September, 2025 we got an opportunity to meet Theres Thomas. Theres works in the climate sector. We learnt lots of interesting things from her like the most shocking thing that she shared was about her inspirations. We all can get inspirations from very small things like she got her from YouTube. She also shared about the very interesting opportunities linked to climate studies. The session grew interesting as she delved into how the carbon market works, which sparked a lot of questions from students. Everyone enjoyed the session and took away lots of ideas on their career paths related to this field.



SHOUTOUTS

NOT A RANDOM ANNOUNCEMENT!



Shoutouts in Adira aren't just some random announcements. There's an actual meaning behind them. Every month, the team looks at how students have shown the *Adira Strong* values – Agency, Resilience, Choice & Voice, Academic Success & Lifelong Learning, and being AI-Forward & Future-Ready.

When someone genuinely lives these values in what they do, it automatically stands out. All the instructors and advisors come together, discuss what each student did that month, and decide who truly lived those values through their actions. That's how shoutouts are decided – not by luck, but by what you show every day through your choices and effort.

And now... this month's shoutouts:

The Adira Student Council members got a huge congratulations for everything they're doing. Aarti got selected for the Revolutionary Retreat by Kids Education Revolution – such a big deal!

And Adira Academy (Bhagyashree and Monika) is holding second rank in the Climate Champions Program by Anant School for Climate Action.

So yeah, shoutouts aren't just names. They're about showing up with honesty, effort, and strength – and these students totally did that this month.



Puzzle & Play Street

“A HAPPY PLACE FOR CURIOUS MINDS.”

Word search

Here are some words in the grid. Use your detective minds and find them.

A	D	I	R	A	S	T	R	O	N	G	A	D	I	R	A
E	E	T	Y	D	M	P	L	Y	O	C	R	D	M	T	Z
E	N	M	P	A	T	H	Y	E	C	T	A	E	H	N	G
D	H	P	E	A	B	A	D	R	H	O	C	R	C	D	M
N	E	Y	H	S	G	V	H	E	P	R	R	E	I	D	E
A	D	O	E	O	H	F	X	O	U	G	T	U	C	F	R
R	E	D	P	T	H	Y	D	E	S	E	F	R	E	P	O
E	M	P	A	T	H	Y	G	R	E	B	A	B	A	D	Q
L	E	E	G	O	R	E	E	F	R	T	E	C	O	N	U
C	R	E	S	A	C	K	X	O	G	P	U	P	R	E	B
I	U	H	N	T	U	L	E	L	B	O	R	E	A	B	A
S	P	Q	P	R	R	P	T	L	B	Y	E	F	C	N	E
G	M	C	M	B	N	T	O	U	E	N	B	L	M	R	D
Z	E	Z	B	R	H	P	S	S	C	V	U	R	N	N	V
H	Y	D	E	R	A	B	A	D	A	D	D	E	C	Z	N
P	L	E	E	S	K	S	T	U	H	Q	G	N	F	R	V

HINT: There are total 4 words in the grid.

The Riddle Gazette

1. I'm the force behind the bold,
Where plans are shaped and stories told.
I guide with purpose, sharp and true,
Empowering dreams to break through.
What am I?

3. I rise when others fall,
Stand firm when stakes are tall.
I'm not in muscle, but in will—
The quiet force that climbs the hill.
What am I?

5. I am invisible waves, through walls I weave
and glide. I bring the world to you, with
nowhere to hide. I have strength and speed,
but no weight or size, keeping you online
without physical ties. What am I?

2. I speak without a mouth,
Hear without ears,
I answer your questions,
And calm your fears.
What am I?

4. I build from nothing, shape the air,
Turn thoughts to things with flair and care.
I'm not a tool, but I make them all—
What am I that answers the call?

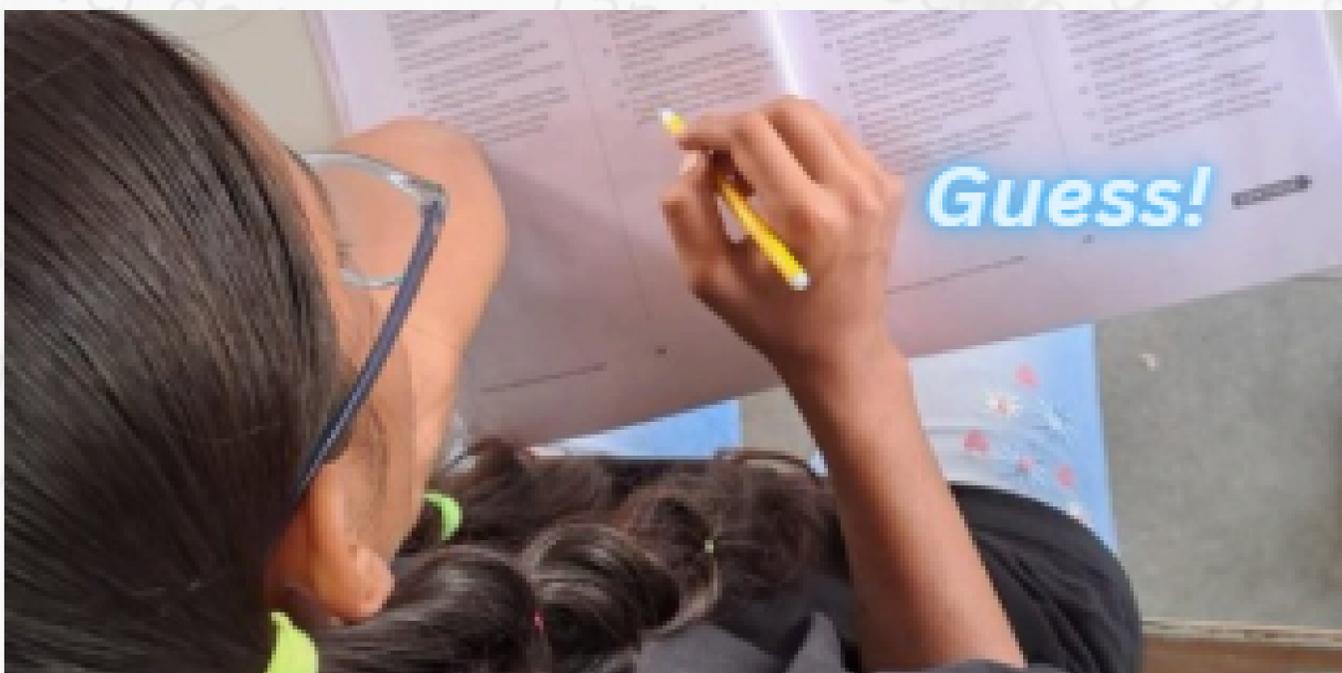
6. I follow you always, a silent twin, mimicking your
every move, a perfect, unchangeable form. But you
cannot touch me, and I have no substance. The more
you try to grab me, the more I slip through. I am
defined by the light that creates me, yet I am made
of darkness. I am the truest copy of you that doesn't
exist.
What am I?

A Special Note: The answers for this game should be given to the Newsletter team (Monika Kumari, Sindhu MS, Swarnima Shinde, Priyanshi Kumari, Jaharvi Mistry, Saniya, Akshita, Aabha Khadye and Tasmiya).

The names of the top 3 winners will be announced in Unit 3's newsletter, along with the answers to the given riddles and word search.

NOTE: Use of AI for finding the answers IS PROHIBITED

THIS IS AN ACTIVITY FOR ALL TO HAVE FUN WHILE READING THE NEWSPAPER. THIS IS NOT A COMPETITION!!





ADIRA TIMES

Thank you for reading!

Hello everyone,

This is a letter of gratitude from the newspaper team to all of you. This newspaper has been created with love, late-night discussions and lots of excitement to bring our Adira community closer.

We hope this edition has made you smile, reflect and feel connected. Looking forward to bringing more such amazing experiences, moments and memories to you in the next issue.

Meet Our Team:

Project Team

- **Lead:** Monika Kumari
- **Coordinators:** Sindhu M.S, Priyanshi Kumari

Design Team

- **Lead:** Saniya Gaur
- **Members:** Swarnima Shinde, Akshita Vaishya

Writing Team

- **Members:** Aabha Khadye, Tasmiya Shaikh, Jahanvi Mistry

